

UPDATED FOR
2026

PROUD TO BE CANADIAN
CANADIAN CITIZENSHIP PRACTICE TEST

PREPARE • PRACTICE • PASS

CANADIAN GEOGRAPHY

KNOW YOUR COUNTRY. PASS YOUR TEST. BECOME A CANADIAN CITIZEN!



GET TO KNOW CANADA

Learn about provinces, territories, capitals, oceans, regions, and major physical features.



PROVINCES & TERRITORIES

Memorize all 10 provinces and 3 territories with their capital cities.



THREE OCEANS

Atlantic Ocean, Pacific Ocean, and Arctic Ocean – know where they are!



PHYSICAL FEATURES

Discover Canada's mountains, rivers, lakes, forests, and natural landscapes.



MAJOR CITIES & CLIMATE

Learn about Canada's largest cities and the country's diverse climate.



EASY TO LEARN

Clear explanations and simple breakdowns make learning easy.



REMEMBER MORE

Tips and quick reviews help you remember key facts.



PRACTICE QUESTIONS

Test your knowledge with realistic practice questions.



PASS WITH CONFIDENCE

Be fully prepared and pass the test with confidence!



**YOUR JOURNEY TO CITIZENSHIP
STARTS HERE!**

Study • Practice • Succeed

- ✓ Understand Canadian Geography
- ✓ Know the Facts That Matter
- ✓ Prepare for Test Day
- ✓ Become a Proud Canadian Citizen!



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Canadian Geography Made Easy

Learn Canada's Provinces, Territories, Capitals, and Regions

Geography is one of the important topics covered on the Canadian citizenship test. Understanding Canada's provinces, territories, capitals, oceans, and regions will help you answer many test questions with confidence.

This guide provides a simple overview of Canada's geography.

CA Canada at a Glance

Canada is the **second-largest country in the world by total area**.

It stretches from the Atlantic Ocean in the east to the Pacific Ocean in the west and reaches the Arctic Ocean in the north.

Canada is known for its forests, lakes, mountains, rivers, and diverse landscapes.

Canada's Provinces and Territories

Canada has **13 political divisions**:

- **10 Provinces**
- **3 Territories**

The 10 Provinces

1. Ontario
2. Quebec
3. British Columbia
4. Alberta
5. Saskatchewan
6. Manitoba
7. New Brunswick
8. Nova Scotia
9. Prince Edward Island
10. Newfoundland and Labrador

The 3 Territories

1. Yukon
2. Northwest Territories
3. Nunavut

Provincial and Territorial Capitals

Province/Territory	Capital
Ontario	Toronto
Quebec	Québec City
British Columbia	Victoria
Alberta	Edmonton
Saskatchewan	Regina
Manitoba	Winnipeg
New Brunswick	Fredericton
Nova Scotia	Halifax
Prince Edward Island	Charlottetown
Newfoundland and Labrador	St. John's
Yukon	Whitehorse
Northwest Territories	Yellowknife
Nunavut	Iqaluit

Canada's Three Oceans

Canada is bordered by **three oceans**:

Atlantic Ocean

Located on Canada's east coast.

Pacific Ocean

Located on Canada's west coast.

Arctic Ocean

Located in northern Canada.

Remember this simple phrase:

East = Atlantic

West = Pacific

North = Arctic

Canada's Physical Features

Canada has many natural landscapes.

Examples include:

- Rocky Mountains
- Great Lakes
- St. Lawrence River
- Prairies
- Boreal forests
- Arctic tundra

These features influence Canada's climate, economy, and way of life.

Climate

Canada has different climate zones because of its size.

Depending on the region, winters may be very cold, while summers can be warm.

Northern Canada experiences much colder temperatures than southern Canada.

Largest Cities

Some of Canada's best-known cities include:

- Toronto
- Montréal
- Vancouver
- Calgary
- Ottawa
- Edmonton
- Winnipeg
- Halifax

Each city contributes to Canada's economy, culture, and diversity.

Canada's Capital

Many people confuse Canada's largest city with its capital. Remember:

Canada's Capital City is Ottawa.

Ottawa is located in the province of Ontario.

Canada's Regions

Canada is often divided into several geographic regions:

- Atlantic Canada
- Central Canada
- Prairie Provinces
- West Coast
- Northern Canada

Each region has its own geography, industries, and cultural traditions.

Natural Resources

Canada is rich in natural resources.

Important industries include:

- Forestry
- Mining
- Agriculture
- Fishing
- Energy
- Technology
- Tourism

These industries support Canada's economy and create jobs across the country.

Study Tips

To prepare for geography questions:

- ✓ Memorize all provinces and territories.
- ✓ Learn every capital city.
- ✓ Know the three oceans.
- ✓ Remember that Ottawa is Canada's capital.
- ✓ Practice using maps.

Quick Review

- ✓ Canada has **10 provinces**.
- ✓ Canada has **3 territories**.
- ✓ Ottawa is Canada's capital city.
- ✓ Canada borders **three oceans**.
- ✓ Canada is the second-largest country in the world by area.

Frequently Asked Questions

How many provinces does Canada have?

Canada has **10 provinces**.

How many territories does Canada have?

Canada has **3 territories**.

What is Canada's capital city?

Ottawa.

Which province is Toronto in?

Ontario.

Which province is Vancouver in?

British Columbia.

Which province is Calgary in?

Alberta.

Which province is Halifax in?

Nova Scotia.

Which territory has the capital Iqaluit?

Nunavut.

 **Ready to Practice?**

Geography questions appear regularly on the Canadian citizenship test. Strengthen your knowledge with realistic practice questions and improve your confidence before exam day.

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Official Resources

- **[Government of Canada – Canadian Citizenship](#)**
- **[Official Discover Canada Study Guide](#)**